

# Individualized Major Plan of Study

<b>Major Title:</b>	Food, Culture, and Health		
Last Name:	First Name:	Student Admin #:	
Husky	Jonathan	1234567	

PART A: Preferred Courses					
No.	Dept. Course # (e.g., COMM 2000Q)	Title (e.g., Research Methods in Communication)	Cr	Already completed or currently enrolled? Indicate semester (e.g. Fall 2024)	Do you need to take a prerequisite to access the course? If so, indicate the prerequisite course(s) here (e.g., COMM 1000)
1	SOCI 3201	Methods of Social Research	3		
2	SOCI 2705	Sociology of Food	3	Summer 2024	
3	SOCI 3451	Sociology of Health	3		
4	NUSC 2200	Nutrition and Human Development	3	Spring 2025	
5	NUSC 3230	Community Nutrition	3		NUSC 2200
6	ANTH 3202W	Illness and Curing	3		
7	ANTH 3302	Medical Ecology	3		
8	AH 2330	Italy's Mediterranean Food & Our Health	3		
9	ARE 3260	Food Policy	3		
10	HDFS 3095	Food and the American Family	3		
11	GEOG 3240	Medical and Healthcare Geography	3		
12	UNIV 4600W	Capstone Course	3		
13					
14					
15					
<b>Total Credits:</b>			36	Your major should include 36 credits.	

Only list prerequisites not yet taken. Leave the rest blank.

<b>Checklist:</b> FROM "Part A: Preferred Courses" ABOVE, write down the courses that satisfy the following requirements.		
No.	Type	Dept. Course#
1	Research Methods	SOCI 3201
2	Capstone (UNIV 4600W, UNIV 4697W, or Alternative Capstone)	UNIV 4600W
3	Writing-Intensive (in addition to Capstone, usually a "W")	ANTH 3202W
4	Are there at least 18 credits from degree-granting college? (Yes or No)	Yes

PART B: Alternative Courses (Include no more than seven courses in this section.)				
No.	Dept. Course#	Title	Cr	Prerequisites Still Needed
1	PSYC 3105	Health Psychology	3	
2	ANTH 3300	Medical Anthropology	3	
3	SOCI 3211Q	Quantitative Methods in Social Research	4	SOCI 3201
4	SPSS 2100	Environmental Sustainability of Food Production in Developed Countries	3	
5	GEOG 3220	Race and Food	3	
6	AH 3101	Health and Wellness for Life	3	
7				

Courses in Part B can be substituted for courses in Part A or added to the final plan. When doing this, be sure to maintain the thematic balance of the major!

## Experiential Learning

Briefly describe any internships, study abroad, or research that you have planned.

I worked at the Rudd Center this summer doing research on childhood obesity.

I plan to study abroad next summer at the Mediterranean Diet and Tuscan Cuisine program in Florence, Italy.