

Individualized Major Plan of Study

Major Title:	Food, Culture, and Health		
First and Last Name:	Student Admin #:	College/Degree Planned:	
Jonathan Husky	1234567	CLAS/BA (or CAHNR/BS, etc.)	

PART A: Preferred Courses					
No.	Dept. Course # (e.g., COMM 2000Q)	Title (e.g., Research Methods in Communication)	Cr	Already completed or currently enrolled? Indicate semester (e.g. Fall 2024)	Do you need to take a prerequisite to access the course? If so, indicate the prerequisite course(s) here (e.g., COMM 1000)
1	SOCI 3201	Methods of Social Research	3		
2	SOCI 2705	Sociology of Food	3	Summer 2024	
3	SOCI 3451	Sociology of Health	3		
4	NUSC 2200	Nutrition and Human Development	3	Spring 2025	
5	NUSC 3230	Community Nutrition	3		NUSC 2200
6	ANTH 3202W	Illness and Curing	3		
7	ANTH 3302	Medical Ecology	3		
8	AH 2330	Italy's Mediterranean Food & Our Health	3		
9	ARE 3260	Food Policy	3		
10	HDFS 3095	Food and the American Family	3		
11	GEOG 3240	Medical and Healthcare Geography	3		
12	UNIV 4600W	Capstone Course	3		
13					
14					
15					
Total Credits:			36	<i>Your major should include 36 credits.</i>	

Only list prerequisites not yet taken. Leave the rest blank.

Checklist: FROM "Part A: Preferred Courses" ABOVE, write down the courses that satisfy the following requirements.		
No.	Type	Dept. Course#
1	Research Methods	SOCI 3201
2	Capstone (UNIV 4600W, UNIV 4697W, or Alternative Capstone)	UNIV 4600W
3	Writing-Intensive (in addition to Capstone, usually a "W")	ANTH 3202W
4	Are there at least 18 credits from degree-granting college? (Yes or No)	Yes

PART B: Alternative Courses (Include no more than seven courses in this section.)				
No.	Dept. Course#	Title	Cr	Prerequisites Still Needed
1	PSYC 3105	Health Psychology	3	
2	ANTH 3300	Medical Anthropology	3	
3	SOCI 3211Q	Quantitative Methods in Social Research	4	SOCI 3201
4	SPSS 2100	Environmental Sustainability of Food Production in Developed Countries	3	
5	GEOG 3220	Race and Food	3	
6	AH 3101	Health and Wellness for Life	3	
7				

Courses in Part B can be substituted for courses in Part A or added to the final plan. When doing this, be sure to maintain the thematic balance of the major!

Experiential Learning

Briefly describe any internships, study abroad, or research that you have planned.

I worked at the Rudd Center this summer doing research on childhood obesity.

I plan to study abroad next summer at the Mediterranean Diet and Tuscan Cuisine program in Florence, Italy.